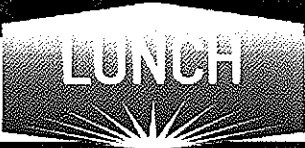


McAuley Catholic High School & St. Peter's Middle School



"The USDA is an equal opportunity provider and employer."



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

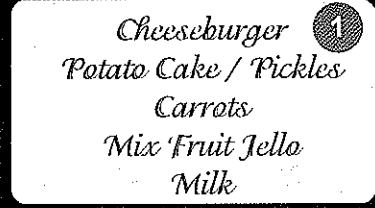
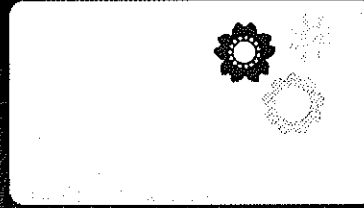
Monday

Tuesday

Wednesday

Thursday

Friday



Mini Corn Dog⁴
Fries
Green Beans
Apricots / Brownie
Milk

Chicken & Noodl⁵
Spinach Salad
Pears
Garlic Bread / Cookie
Milk

Sliced Turkey⁶
Mashed Potatoes
Yams / Stuffing / Roll
Pumpkin Pie
Milk

Build Your Own Bur⁷
Chicken /Fajita/Beef/Rice
Salad/Beans/Cheese/Salsa
Tortilla / Pineapple
Milk

Cheeseburger¹
Potato Cake / Pickles
Carrots
Mix 'Fruit Jello
Milk

Cheeseburger¹¹
Fries / Corn
Applesauce
Cinnamon Tastries
Milk

Chicken Fajitas¹²
Rice / Tortillas
Carrots & Peas
Strawberries & Cookie
Milk

Pizza¹³
Broccoli w/ Cheese
Apricots
Brownie
Milk

General Chicken¹⁴
Fried Rice
Eggroll
Oranges / Fortune Cookie
Milk

Chicken Patty on Bun¹⁵
Lettuce / Pickles
Wedge Fries
Baked Beans
Fruit / Milk

Burrito¹⁸
Salad / Green Beans
Tortilla Chips & Salsa
Fruit

Pulled Pork BBQ¹⁹
Au Gratin Potatoes
Coleslaw / Mix 'Fruit
Muffin

Chicken Nuggets²⁰
Fries
Spinach Salad
Apple Crisp

Cheese Enchiladas²¹
Beans & Rice
Salsa
Pears / Cookie

Grilled Cheese²²
Choice of Soup
Peas & Carrots
Peaches

Corn Dog²⁵
Fries / Baked Beans
Blueberries
Milk

Soft Tacos²⁶
Shredded Romaine
Refried Beans / Salsa
Mix 'Fruit / Milk

Cheeseburger²⁷
Fries / Pickles
Applesauce
Milk

Chicken Nuggets²⁸
Mashed Potatoes
Broccoli / Cherry Crisp
Bread / Milk

Pizza²⁹
Salad / Corn
Apricots
Cookie / Milk